



Rtn. Francesco Arezzo
RI President

Rtn. K Palaksha
District Governor

Rtn. Amit Aravind
Assistant Governor

Rtn. Smitha Kamath
Zonal Lieutenant

Rtn. Shashikala Rajavarma
Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S
Rtn. Sajani Shirali
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good
Health

Awareness to Road Safety

Education with Legal Awareness

Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do

- Is it the TRUTH ?

- Is it FAIR to all concerned ?

- Will it build GOODWILL and
BETTER FRIENDSHIPS ?

- Will it be BENEFICIAL to all
concerned ?

Club Service

Rotary Club Manipal

Tuesday, 29th July 2025 | Time: 06:45 PM

Fetal Care and Fetal Medicine

Speaker: Dr. Akhila Vasudeva, Professor & Unit Chief, OBGYN, KMC Manipal

Venue: Rotary Bhavan, Manipal

Meeting Co-ordinator: Rtn. Dr Padma Rao

Emcee: Rtn. Dr Pradeep

No. of Participants: 35

Overview

Weekly meeting of the Rotary Club of Manipal, held on 29th July 2025, was a highly informative and inspiring session centered on the theme *Fetal Care & Fetal Medicine*. Featuring a talk by renowned expert Dr. Akhila Vasudeva, the meeting highlighted advancements in maternal and child health, aligning with Rotary's monthly theme. The presence of senior Rotary leaders, active member participation, and a well-curated program made it a memorable event that reinforced the club's commitment to impactful service and knowledge sharing.

The final meeting of July was marked by an engaging and insightful session led by the esteemed Dr. Akhila Vasudeva. A noted expert in Obstetrics and Gynecology, she shared valuable knowledge on the evolving field of Fetal Care & Fetal Medicine. Her talk shed light on modern technological advancements in managing both high-risk and low-risk pregnancies, effectively debunking prevalent myths and emphasizing the importance of early intervention for maternal and child health.

The beautifully designed backdrop and the theme of the session harmonized with Rotary International's July focus: *Maternal and Child Health*. Dr. Akhila's confident and passionate delivery received much appreciation, particularly her update on the encouraging decline in Infant and Maternal Mortality Rates thanks to advancements in medical technology.



Rtn. Dr. Padma Rao, who coordinated the meeting with poise, proudly introduced the guest speaker, who is also her former student. The session opened with a thought-provoking message from Rtn. Col. Madhav Shanbhag, aligning with the Rotary motto. Rtn. Nalini Nair presented Rotary Information, highlighting innovative ideas being implemented at the school level. Rtn. Dr. Pradeep's engaging emceeing kept the event vibrant and well-structured.



Dignitary Participation

Zonal Lieutenant Rtn.

Smitha Kamath Assistant Governor Rtn.
Amit Aravind.

The presence of Zonal Lieutenant Rtn. Smitha Kamath and Assistant Governor Rtn. Amit Aravind added significance to the event. Both dignitaries commended the club's initiatives and encouraged further engagement. Rtn. Smitha shared a comprehensive overview of potential Rotary projects, emphasizing networking across zones and fostering value-based skill development among school children. This also marked the first official ZL visit to the Rotary Club of Manipal post the Installation Ceremony.

Club Service ... (Cont'd)



Thought for the Day Rtn. Col. Madhav Shanbhag

"A healthy future begins before birth- when we care for the unborn, we invest in the promise of tomorrow". This thought resonates with Rotary's core values of Service above self emphasizing the vital role of prenatal care in building a healthy world.



The first **Board of Director meeting** of the Rotary new year was held on 29th July 2025. Agenda for the upcoming meetings and the community projects to be taken up were discussed



Rotary Information Rtn. Nalini Nair

Cabin Schools of Pune is a very noble literacy mission by the Rotary Club of Pimpri, RID 3131, Published in the Rotary News of July 2025. Imagine a situation, where you have schools to study and achieve your dreams! For many children in the slums of Sangvi, Pune, the idea of sitting in a classroom and learning, was a distant dream. But now, it is a reality, with the Porta Cabin School set up inside a repurposed shipping container. The school stands on an open ground in New Sangvi, Pimpri - Chinchward. Children aged 6-16 are admitted. Teachers from The Jan Sewa Foundation conduct classes. Marathi, Hindi and Maths are taught. Currently 50 children attend. No fixed syllabus or grades & school dropouts. Even adults can walk in and learn. Apart from academics, they attend workshops to make them self-reliant. Medical camps are held to ensure good health. The president of the club, Santosh Giranje says, "When children do not have a purpose in life, they get easily attracted to habit forming vices."



RYLA 2025 is scheduled on Aug 9th 2025, which would be hosted by RCM. Preliminary Meeting was held on Aug 2nd 2025 with regards to the planning & agenda

Friendship Day Celebration – 03.08.2025



A wonderful Friendship Day Get together by Rotarians, Rotarian Family & Friends at Pai Tiffins. Rtn. Renu sponsored lunch to all. After breakfast, all went to Bharat Mall & watched the superhit Kannada Movie "Su from So".



Zonal Review Meeting



04.08.2025: The first Zonal Review meeting was held MSDC – Cyber Security, Manipal. RCM hosted the meeting. It was a well organised meeting. RCM was recognised for conducting maximum number of projects by AG Rtn. Amit Aravind. All the Presidents, Secretaries, ZLs, ZLF of Zone 4 participated in the meeting. Rtn. District Chairman – IT Rtn. Prashanth Hegde conducted IT Training. Rtn. Prashanth released Rotary One the first Zonal Magazine of the year, which was edited by himself. The magazine is wonderful & creative with all the events of all the clubs of Zone 4.

Community Service



30.07.2025: Rotary Club Manipal organised a talk on Women and child welfare by Dr. Rajalakshmi, Past President IMA Karavali Udupi, who addressed pregnant women and nursing mothers on health care tips, at Mallampalli Anganawadi. She also spoke on cancer awareness. Eggs and fruits were distributed to the 40 women who attended the session. Rtn. President Rtn. Shashikala Rajavarma, Youth Service Director Rtn. Dr Girija, District Chairman Rtn. Rajavarma Ariga coordinated the program. Anganawadi teachers from Mallampalli, Karamballi and Mandoli gujji were present. Oath was administered to help abolish human trafficking, as per Govt. instruction.



On 31.07.2025 & 03.08.2025, Rotarians visited the site of Social Forestry Project at Havanje - Pits for planting saplings have been done with Drilling Machine with the help of Easy Life Enterprise.

New Generation Service



Orientation session was conducted by Rtn. Farida Uppin to the Members of Interact Club Madhava Kripa School.

Highlights:

How to conduct meetings
Roles and responsibilities of board members
3 teams was formed headed by 2 board members
Planted saplings and took the pledge
Essay competition updates, on account of Independence Day.



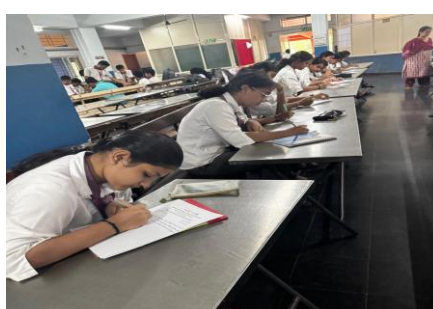
New Generation Service ... (Cont'd)



Zoom meeting for Interact Coordinators and club Chairmen was held on 1st Aug 2025. Points discussed on Goal Setting, Citation Award Advantages of Interact Club for students & schools, Essay Competition to be held on account of Independence Day Celebration. Theme would be "Unite for Good".



SDMCA Rotaractors visited "Belaku" an old age home.



02.08.2025: Visit to U S M Nayak High School, Patla - Dustbins were handed over & students were addressed to bring awareness about the cleanliness and protection of the environment. Also, Tree Plantation was done to create environment & responsibility towards nature in student



03.05.2025: Rotarians and Rotaractors of MAHE visited Asare Rehabilitation Centre for special need children and spent quality time with the inmates, which made them happy. Rtn. Jaivittal, Rtn. Vijayalaxmi explained the challenges faced in maintaining the rehabilitation center, security aspects that are taken care for the well being of the inmates, treatment & physiotherapy that is provided with love, care & patience. Rtn. Vanishree Rao, Rtn. Pradeep, Rtn. Indira Rao visited the center. The experience was a fulfilling one.

Essay Competitions were organized by RCM in all 9 Interact School on account of Independence Day Celebration. The Topic was "Unite for Good". More than 160 students participated in the competition. Teacher Co-ordinators, Interactors, Interact Chairpersons, Youth Service Team actively coordinated. Prize for the best three would be announced on the Independence Day.

Rotarians in Action



Congratulations Ann Primcy!!



Public Image



ಮಣಿಪಾಲ ರೋಟರಿ: ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಭಾಷಾ ನಿಘಂಟು, ಭೂಪಟ ಕೊಡುಗೆ



ಮಣಿಪಾಲ, ಜು. 31: ಮಣಿಪಾಲ ರೋಟರಿ ವತಿಯಿಂದ ಶೈಕ್ಷಣಿಕ ಅಭಿಯಾನದ ಅಂಗವಾಗಿ ಜು. 20ರಂದು 16ರ ವರೆಗೆ ಜಿಲ್ಲೆಯ ಆಯ್ದ 17 ಶಾಲೆಗಳ ಒಟ್ಟು 608 ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ 1.52 ಲ.ರೂ. ವೆಚ್ಚದ 412 ಭಾಷಾ ನಿಘಂಟು ಮತ್ತು 176 ಭೂಪಟವನ್ನು ಕೊಡುಗೆಯಾಗಿ ವಿತರಿಸಲಾಯಿತು.

ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಭಾಷಾ ನಿಘಂಟು ಮತ್ತು ಭೂಪಟವನ್ನು ಕೊಡುಗೆಯಾಗಿ ನೀಡಿದ ಮಹತ್ವ ಬಹಳಷ್ಟಿದೆ. ನಿಘಂಟುಗಳು ಪದಗಳ ಅರ್ಥ, ಉಚ್ಚಾರಣೆ ಮತ್ತು ಬಳಕೆಯನ್ನು ತಿಳಿಯಲು, ಭಾಷಾ ಜ್ಞಾನವನ್ನು ವೃದ್ಧಿಸಲು, ಬರವಣಿಗೆ ಮತ್ತು ಮಾತನಾಡುವ ಕೌಶಲವನ್ನು ಸುಧಾರಿಸಲು ಸಹಾಯ ಮಾಡುತ್ತದೆ. ಅದೇ ರೀತಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಭೂಪಟಗಳೂ ಒಂದು ಕಲಿಕೆಯ ಸಾಧನವಾಗಿದ್ದು ಜಾಗತಿಕ ಜ್ಞಾನವನ್ನು ವಿಸ್ತರಿಸಲು ಮತ್ತು ಭೌಗೋಳಿಕ ಪರಿಕಲ್ಪನೆಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳಲು ಸಹಾಯಮಾಡುತ್ತವೆ. ಇದನ್ನು ಮನಗಂಡು ರೋಟರಿ ಸಂಸ್ಥೆ ಭಾಷಾ ನಿಘಂಟು, ಭೂಪಟವನ್ನು ಕೊಡುಗೆಯಾಗಿ ನೀಡಿದೆ.

ರೋಟರಿ ಅಧ್ಯಕ್ಷ ಶಶಿಕಲಾ ರಾಜವರ್ಮ, ಕಾರ್ಯದರ್ಶಿ ವಾಣಶ್ರೀ, ನಾಗರಾಜ ಶೆಟ್ಟಿ ರಾಜವರ್ಮ ಅರಿಗ, ಪದಾಧಿಕಾರಿಗಳು, ಸದಸ್ಯರು ಉಪಸ್ಥಿತರಿದ್ದರು.



Celebrations



- 31-Jul John Vamshi Krishna s/o Rtn Dr Virupaksha Devaramane
- 01-Aug Ann Supriya Hegde w/o Rtn Shreesha Hegde
- 02-Aug John Vineet N Shetty s/o Rtn Nagaraj Shetty K